

## FACIAL AESTHETIC and THERAPEUTIC MEDICAL HISTORY

In order to provide you with the most appropriate treatment, please complete the following questionnaire.

### PERSONAL INFORMATION

Client Name:

Today's Date:

Date of Birth:

Age:

Occupation:

Home Address:

City:

State:

Zip:

Home Phone:

Cell Phone:

Email Address:

What is the best number for you to receive a follow up call this evening?

Emergency

Emergency

Contact Name:

Phone:

How were you referred to us?

### MEDICAL HISTORY

YES NO

Are you currently under the care of a physician?

If yes, for what?

Do you have any of the following medical conditions? (Please mark YES or NO to all)

Y N <u>Conditions</u>	Y N <u>Conditions</u>
High Blood Pressure	Hormone imbalance
Heart Conditions	Any active infection
Blood Clotting Abnormalities	Are you pregnant or trying to get pregnant"
Diabetes	Are you using contraception?
Arthritis	Are you breastfeeding?
Cancer-Chemotherapy	Birth control pills
HIV + AIDS	Neurologic disease
Hepatitis A or B or C	Myasthenia Graves
Seizure Disorder	Lambert-Eaton Syndrome
Herpes	Parkinson's
Frequent cold sores	Multiple Sclerosis (MS)
Keloid scarring	Amuotrophic Lateral Sclerosis (ALS)
Skin lesions	Fainting problems
Skin disease	Pschiatric problems
Thyroid imbalance	Headaches or Migranes

Do you have any disease, disorder or problems not listed above that the doctor should know about or that you are currently being treated for? If YES, please describe. YES NO

What oral prescription medications are you presently taking?

What antibiotics do you use to treat infections?

Are you presently taking any of the following medication or supplements listed below?

Y N <u>Conditions</u>	Y N <u>Conditions</u>	Y N <u>Conditions</u>
Aspirin	Blood thinners	Hormones
Mood altering medication	Anti-depression medication	Vitamin E
Fish oil	Omega 3 fatty acids	Ginkgo biloba
Garlic	Ginger	Cayenne
Licorice	Flax seed oil	COQ10

Have you ever had an allergic reaction to the following?

Food	Latex	Lidocaine (Anesthetic)
Eggs	Aspirin	Hydrocortisone
Animal Protein	Hydroquinone or skin bleaching agents	

Any other Allergies? Please list:

**FACIAL HISTORY**

What bothers you most about your facial appearance?

What are your expectations for today's visit?

Do you regularly sunbathe or use tanning salons? YES NO How often?

What topical medications or creams are you currently using? Retin-A other

(please list):

Have you waxed, tweezed, bleached or used hair removal cream within the last week? YES NO

If yes please specify:

Have you ever had Botox or dermal fillers? YES NO If yes, when were you last treated:

Any complications? YES NO If yes please specify:

Have you taken any Aspirin, Ibuprofen, Motrin, Tylenol, fish oil, Vitamin D, blood thinners, or alcoholic beverages in the last 10 days? YES NO

If yes what?

**FACIAL INJURY TRAUMA HISTORY**

Is there any history of facial surgery? YES NO

Describe:

is there any recent history of trauma to the head or face? YES NO

Describe:

Any TMJ problems? YES NO

Describe:

**BRILLIANT DISTINCTIONS**

Are you currently enrolled in the Brilliant Distinctions Program? YES NO

If yes, please provide us with your member number:

*If not, Brilliant Distinctions is a program that rewards you with savings on Allergen facial treatments including products like Botox,® Juvederm and SkinMedica Skin Care. Ask us for details on how to sign up.*

I certify that the preceding medical, medication and personal history statements are true and correct. I am aware that it is my responsibility to inform the doctor or other health professional of my current medical health conditions and to update this history. A current medical history is essential for the caregiver to execute appropriate treatment procedures.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# FACIAL AESTHETIC SELF ASSESSMENT

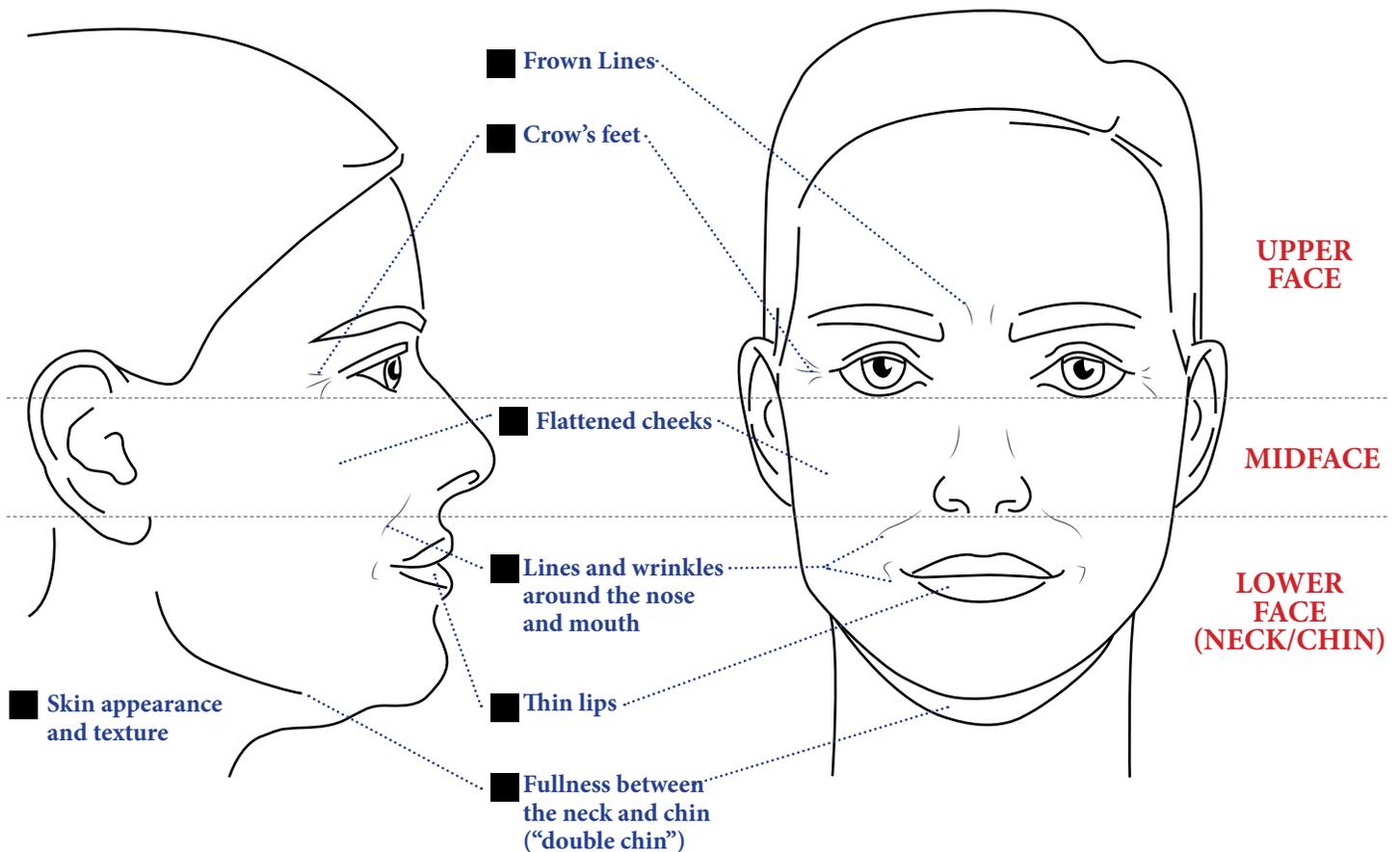
At our Health Inspired Dental Office, we know there is more to a great smile... Therefore we offer Botox®, dermal fillers, and other facial aesthetic services that compliment your smile.

Name:

Date:

Select which areas of the face concern you on the diagram below.

By sharing how you see yourself, we can best evaluate your aesthetic goals and select an appropriate treatment for you.



Please check below if you are interested in therapeutic uses of Botox® in dentistry:

- |   |  |
|---|--|
| <input type="checkbox"/> Temporomandibular joint disorder (TMJ) | <input type="checkbox"/> Gummy smile (high lip line)                               |
| <input type="checkbox"/> Bruxism or grinding                    | <input type="checkbox"/> Black triangles or spaces between teeth                   |
| <input type="checkbox"/> Headaches                              | <input type="checkbox"/> Masseteric Hypertrophy (increased size of facial muscles) |

6151 Wilson Mills Road, Suite 300  
 Highland Heights, Ohio 44143  
 Phone: 440-446-9417

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## INFORMED CONSENT FOR PDO THREAD LIFT PROCEDURE

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Patient's Name: First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Street Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

The purpose of this informed consent form is to provide written information regarding the risks, benefits and alternatives of the procedure named above. This material serves as a supplement to the discussion you have with your doctor/healthcare provider. It is important that you fully understand this information, so please read this document thoroughly. If you have any questions regarding the procedure, ask your doctor/healthcare professional prior to signing the consent form.

### THE TREATMENT

The PDO (polydioxanone) Thread Lift and Smoothing procedure uses absorbable surgical sutures placed into the subdermal layer of the skin to initiate collagen production. The procedure can result in increased firmness and elasticity of the skin in the treated area. The nature of cosmetic procedure may require a patient to return for numerous visits in order to achieve the desired results or to determine whether the treatment may not be completely effective at treating the particular condition.

Initial: \_\_\_\_\_

### POSSIBLE RISKS AND SIDE EFFECTS ASSOCIATED WITH PDO THREAD LIFT PROCEDURE:

**Discomfort:** Some discomfort may be experienced during treatment.

**Scarring:** May cause scarring; sutures are inserted using a small needle, which must heal. A scar at entry point may occur.

**Bruising, Swelling, Infection:** With any minimally invasive procedure, bruising of the treat area may occur along with the potential for swelling and is likely. Infection is rare, but with any injection or incision into the skin, the possibility exists.

**Bleeding:** You may experience some bleeding during the procedure. Hematoma or a small blood clot may occur and may require treatment by drainage. There is a higher risk of bleeding if you have taken any anti-inflammatory medications (Advil, Motrin, Aspirin, Ibuprofen) within the 10 days preceding the procedure.

**Damage to Deeper Structures:** Deeper structures such as nerves, blood vessels and muscles may be damaged during the procedure. The potential for this to occur varies according to the location on the body the procedure is being performed. Injury to deeper structures may be temporary or permanent.

**Allergic Reaction:** Allergies to tape, suture material or topical preparations have been reported. Allergic reactions may require additional treatment.

**Partial Laxity Correction:** PDO Lift may not correct all your facial laxity or sagging.

**Delay Healing:** Complications may ensue as a result of smoking, using a straw, or similar motions. Smoking and similar actions are STRONGLY discouraged. Slight asymmetry, redness, visible sutures, suture breakthrough may require additional treatment or removal of the sutures.

Initial: \_\_\_\_\_

### PREGNANCY AND ALLERGIES

I am not aware that I am pregnant. I am not trying to get pregnant. I am not lactating (nursing). I do not have or have not had any major illnesses which would prohibit me from receiving dermal fillers. I certify that I do not have multiple allergies or high sensitivity to medications, including but not limited to lidocaine.

Initial: \_\_\_\_\_



**Dr. Claudia Minadeo-Fox, D.D.S.**  
**Health Inspired Dentistry**  
**PRE-TREATMENT INSTRUCTIONS – PDO THREAD LIFT PROCEDURE**

*A few simple guidelines before your treatment can make a difference  
between a good result and a fantastic one.*

- Patient should be in good overall health. A full medical and dental history must be performed on all patients for optimal results.
- If you develop a cold sore, blemish, or rash, etc. in the treatment area prior to your appointment you must reschedule.
- If you have a special event or vacation coming up schedule your treatment at least 2 weeks in advance.
- Let us know if you are prone to cold sores – a pre-operative medication may help prevent cold sores after treatment.
- AVOID: Alcohol, caffeine, motrin, ginkgo biloba, garlic, flax oil, cod liver oil, vitamin A, vitamin E, fatty acids, niacin supplements, high-sodium foods, high sugar foods, refined carbohydrates, spicy foods, or cigarettes 24 hours before your treatment. This is to reduce the incidence of bruising after these procedures.
- Discontinue Retin-A two (2) days before and two (2) days after treatment

**Dr. Claudia Minadeo-Fox, D.D.S.**  
**Health Inspired Dentistry**  
**POST TREATMENT INSTRUCTIONS – Solid Filler Threads**

**Results:**

- It may take 2 weeks or longer for the treatment effect to be noticeable
- Bruising and swelling is normal and expected – if bruising is visible you can start taking oral Arnica and apply topical arnica cream.
- Asymmetry and irregularity of the tissues treated is common and should resolve.
- Pain at the injection site(s) is normal – this may last several days or even one week after treatment. You may occasionally also feel stinging or prickly sensation as the solid filler threads settle in, this is normal.

**What you need to do:**

- If you see any irregularity or puckering of the skin of the treated areas, you may gently massage those areas by gently massaging in circular motions. You may repeat this 3 to 5 times a day.
- If any of the threads are exposed or start to extrude, you can either gently pull on the thread to try to remove it or you may use fine scissors to trim the suture at the skin. If you are uncomfortable performing either of these maneuvers, please contact your treatment provider to have this performed in the office. Always notify your clinician if this occurs regardless of whether you are able to return to the office or not.
- Avoid exercise for 24 hours.

**When to call:**

- If you experience increased redness, swelling, or pain at an injection area.
- If one or more of the threads begin to extrude and you are unable or unwilling to remove the thread.
- If you have any questions or concerns regarding your treatment.

I certify that I have been counseled in post-treatment instructions and have been given written instructions as well.

**Patient Signature:**

**Date:**

6151 Wilson Mills Road, Suite 300  
Highland Heights, Ohio 44143  
Phone: 440-446-9417

**NOTICE OF PRIVACY PRACTICES**

THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.  
THE PRIVACY OF YOUR HEALTH INFORMATION IS IMPORTANT TO US.

**OUR LEGAL DUTY**

We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this Notice about our privacy policies, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect 12/16/14, and will remain in effective until we replace it.

We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our Notice effective for all health information that we maintain, including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request.

You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information disclosed on this Notice.

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**USES AND DISCLOSURES OF HEALTH INFORMATION**

We use and disclose health information about you for treatment, payment, and healthcare operations. For example:

**Treatment:** We may use or disclose your health information to a physician or other healthcare provider providing treatment to you.

**Payment:** We may use and disclose your health information to obtain payment for services we provide to you.

**Healthcare Operations:** We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.

**Your Authorization:** In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this Notice.

**To Your Family and Friends:** We must disclose your health information to you, as described in the Patients' Rights section of this Notice. We may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.

**Persons Involved In Care:** We may use or disclose health information to notify, or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of our best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.

**Marketing Health-Related Services:** We will not use your health information for marketing communications without your written authorization.

**Required by Law:** We may use or disclose your health information when we are required to do so by law.

**Abuse or Neglect:** We may disclose your health information to appropriate authorities if we reasonable believe you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or the health or safety of others.

**National Security:** We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal officials health information required for lawful intelligence, counterintelligence, and other national security activities. We may disclose to correctional institution or law enforcement officials having lawful custody of protected health information of inmate or patient under certain circumstances.

**Appointment Reminders:** We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages, postcards, or letters).

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## **PATIENT RIGHTS**

**Access:** You have the right to look at or get copies of your health information, with limited exceptions. You may request that we provide copies in a format other than photocopies. We will use the format you request unless we cannot practicably do so. (You must make a request in writing to obtain access to your health information. You may obtain a form to request access by using the contact information listed in this Notice. We will charge you a reasonable cost-based fee for expenses such as copies and staff time. If you request copies, we will charge you for each page, for staff time to copy your health information, and postage if you want the copies mailed to you. If you request an alternative format, we will charge a cost-based fee for providing your health information in that format. If you prefer, we will prepare a summary or an explanation of your health information for a fee. Contact us using the information listed in this Notice for a full explanation of our fee structure).

**Disclosure Accounting:** You have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes, other than treatment, payment, healthcare operations and certain other activities, for the last 6 years, but not before April 14, 2003. If you request this accounting more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to these additional requests.

**Restriction:** You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency).

**Alternative Communication:** You have the right to request that we communicate with you about your health information by alternative means or to alternative locations. (You must make your request in writing). Your request must specify the alternative means or location, and provide satisfactory explanation how payments will be handled under the alternative means or location you request.

**Amendment:** You have the right to request that we amend your health information. (Your request must be in writing, and it must explain why the information should be amended). We may deny your request under certain circumstances.

**Electronic Notice:** If you receive this Notice on our Website or by electronic mail (email), you are entitled to receive this Notice in written form.

**Questions and Complaints:** If you want more information about our privacy practices or have questions or concerns, please contact us.

I have received, read and understand your Notice of Privacy Practices containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its Notice of Privacy Practices from time to time and that I may contact this organization at any time at the address above to obtain a current copy of the Notice of Private Practices.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations. I also understand that you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

**Patient Name:**

**Relationship to Patient:**

(If under 18, parent or guardian signature is required)

**Signature:**

\_\_\_\_\_  
(If under 18, Parent or Guardian Signature Required)

**Date:**